

School holidays ready to go, go, go!

A full couple of weeks of school holiday and youth activities will kick off TODAY with a planning session at the Youth Centre from 10am-midday.

PPAC CEO Ganthi Kuppusamy said the program they had developed so far was the result of yet another full team effort from staff, who had worked hard to put it together.

"We have everything from the very popular beach sports through to workshops with our counselling staff on healing and social and emotional wellbeing," she said.

"Our Men's Group is also involved and we're very happy to be working with Sir Sid Bruce, manager Paul and the crew at the Art Centre again too."

She said light lunches and water would be provided for each activity.

"We also need to be aware our social distancing and hand washing continues," she said.



Enjoying beach sports at this year's PPAC Youth Summit in January this year.
Pics Christine Howes.

Pormpur Paanthu Aboriginal Corporation is a non-government, community-controlled organisation, established in 1991 out of a community need. Our focus is to provide quality, evidence-based services for Aboriginal and Torres Strait Islander families in Pormpuraaw. We offer:



- Domestic violence and drug and alcohol preventative education, counselling, advocacy and support for families;
- Social & Emotional Wellbeing services;
- Family Wellbeing services;
- Other social services and support;
- Men's Group activities (including a lawn mowing and yard maintenance service);
- Women's Group activities;
- Youth activities & Student Re-engagement services;
- Outside School Hours Care services;
- Vacation Care activities;
- Child Care services (Long Day Care) including, Child & Family Services (CAFS) and parenting support;
- Playgroup;
- Night Patrol Services;
- NDIS (National Disability Insurance Scheme); and,
- Women's Shelter services (Maantchangk Women's Shelter is open 52 weeks a year has a 7-days a week on-call service).

Who to call and when...

If the situation is serious and urgent call our local Police on **4060 4004** or **000**.

Community members can remain anonymous when reporting illicit activity by calling the 'sly grog' hotline on **1800 500 815**.

To report other crime anonymously call Crime Stoppers on **1800 333 000**.

For non-urgent incidents, crimes or police inquiries call Police Link on **131 444**.

PPAC'S SCHOOL HOLIDAY PROGRAM

MONDAY 29/6

@Youth Centre

Preparation Day for activities.

Planning session 10am-Midday

TUESDAY 30/6 9am-1pm

On Country activities with PPAC Men's Group and Sir Sid Bruce.

WEDNESDAY 1/7 9am-1pm

On Country activities with PPAC Men's Group and Sir Sid Bruce.

THURSDAY 2/7

Sports @Chapman River

FRIDAY 3/7

Sports @Chapman River

SATURDAY 4/7 9am-1pm

@Youth Centre

SEWB Workshops with PPAC Counsellor

SUNDAY 5/7 9am-1pm

@Youth Centre

SEWB Workshops With PPAC Counsellor

MONDAY 6/7

@Youth Centre

Preparation Day for activities.

Planning sessions 10am-Midday

TUESDAY 7/7 10am-4pm

Fishing Competition - see right for details -> -->-->-->-->-->

Organised by PPAC Counsellor Trischa Jackson

WEDNESDAY 8/7

10am-Midday

Workshop with PPAC Healing Services Counsellors

THURSDAY 9/7

10am-Midday

@Pormpuraaw Art Centre
Art & Culture Sessions

FRIDAY 10/7 10am-Midday

@Pormpuraaw Art Centre
Art & Culture Sessions

Word Find: Night Patrol

Find the BOLD words hidden in the grid. Words may be vertical, horizontal or diagonal AND backwards/frontwards. Use the left over letters to form a secret message.

PORMPURA Night Patrol operates every **WEDNESDAY, THURSDAY, FRIDAY** and Saturday nights. People are able to contact us if **THEY** are **WORRIED** about themselves or someone else. It's a way of getting **HELP** directly and to prevent or **STOP** harm. The **NIGHT PATROL** can assist to diffuse **TENSE** situations and **PREVENT** unsafe **BEHAVIOURS** by providing transport **HOME** at night or calling Police. Night Patrol are also able to **CONTACT** the Women's **SHELTER** and **TRANSPORT** women and **CHILDREN** to the shelter to prevent family **VIOLENCE**. Night Patrol assists in maintaining community **PEACE, SECURITY** and **SAFETY**.

Pormpuraaw Night Patrol now has qualified security **STAFF** working with **LOCAL** staff to mentor and up**SKILL** while on the **JOB**. If you are interested in becoming a member of the **NIGHT PATROL TEAM, PLEASE** contact Ganthi.

Hidden message:

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CORONAVIRUS
UPDATE

Hygiene Tips for People Living with
Acute Rheumatic Fever (ARF) &
Rheumatic Heart Disease (RDH)

Stay Home Stay Safe

Clean and cover skin sores

Shower with soap

Cough and sneeze into
a tissue or your elbow

Wash your hands with soap
(for 20 seconds)

our health in our hands

SCHOOL HOLIDAY Kids' & Youths' FISHING COMPETITION! Chapman River: Tuesday 7 July

1. All entries must be submitted to weighing/measuring station before 3pm on Monday 7 July 2020
2. Only whole, fresh fish will be accepted for competition measure - no frozen fish, fish fillets, parts of fish or stories about escaping fish
3. Kids need to be supervised by an adult and have assistance to bait hooks and get fish off lines
4. Know your legal sizes and limits. Fish out of season or below legal size will not be accepted for competition.
5. Photos of fish released will be accepted

- if photographed with entrant (Photo must be date stamped or entrant holding up the date) - photo must be received before 3pm on Tuesday 7 July 2020 to qualify
6. Be SAFE! Participants must practice safe fishing - no overhead casting near others - disqualification may occur to maintain a safe environment
7. Be honest!
8. Be sun safe!
9. Be croc wise!
The Judges decisions are final.
Winners will be published in the next PPAC News Week.

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING,
CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY