



White Ribbon Day was an opportunity to bring people together to raise awareness and commit to action to prevent men's violence against women.

Pormpuraaw's event was organised by PPAC with thanks to our Women's & Men's Group and Robert English, the Justice Group, and Shimon and the RISE team for their support, pics and help on the day!



## WHITE RIBBON DAY

Friday 19 November  
Everyone was invited

WHAT: KUP MURRI

WHERE: BOOMERANG BUILDING

WHEN: 11:00AM

WHY: Let's work together to end domestic violence

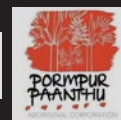
### MEN

Men it's time to stand up and speak out!  
Join us for a yarn & men's business activities.

WHERE: PPAC  
WHEN: 8:30am

### WOMEN

Let's have a yarn about domestic violence  
Join us for morning tea.  
WHERE: Women's Shelter  
WHEN: 9:00am



## PRE-CYCLONE WET SEASON COMMUNITY CLEAN UP

The Pormpuraaw Local Disaster Management Group (PLDMG) & Council invites residents to please leave any Household/Garden Waste/ Yard Clutter in front of your residence for collection. Please place all unwanted items on your footpath. Old car bodies will be removed from your property for FREE.

Everyone is invited to our:

### PORMPURAANW CLEAN UP DAY

for our community, beaches and surrounding regions from

**7am-Midday Wednesday 25 November**

Free lunch and cold drinks for everyone who joins in, loads of prizes and giveaways on the day!

## NIGHT PATROL

The aim of the Community Night Patrol is to reduce and prevent domestic and family violence through identification and intervention of triggers in early stages, improve social and emotional wellbeing of community members and provide information and referral for community members.

Wednesday to Saturday

8pm -> 4am

Contact our

Night Patrol on

0474 464 688



# Staff News



## Welcome to Jan Graham, our new Counsellor at the Healing Centre.

Jan has worked in this field since 2003 and has lots of experience working with people to support them in finding solutions to difficulties they are experiencing in their day to day lives. She brings the added skill of Relationship Counselling to the Community. Jan is really pleased to be an ongoing participant in the life of the Pormpuraaw Community.



## We'd also like to welcome Robert English back into our Pormpuraaw community.

Robert has been travelling and studying, and comes back to us as a qualified AOD counsellor with a Degree in Psychology.

### FACT SHEET

## COVID Safe festive gatherings with family and friends

### Background

This holiday season take a few moments for yourself or enjoy time with others for a happier and more resilient you.

No matter who you are, where you live or how you're feeling it's important to reconnect, celebrate with friends and family or get back to the activities you used to enjoy.

To help make your event COVID safe and enjoyable, follow the tips below when arranging or attending a gathering.

### Tips for COVID Safe gatherings

- Check the [Queensland Health website](#) to determine the maximum number people allowed at your gathering or get-together.
- Get outside – where possible, hold your gathering or get-together outdoors or in a well-ventilated area (remember to be sun-smart).
- Spread out – maintain at least 1.5m between household groups.
- Hand hygiene – remind people to wash hands regularly or if handwashing facilities are not available, bring hand sanitiser.
- Respiratory hygiene – remember to sneeze or cough into your arm or a tissue (then put the tissue in the bin).
- Cleaning – wipe down frequently touched areas and surfaces with detergent or disinfectant regularly.
- Food and snacks – serve food and snacks on individual plates – avoid sharing utensils.
- Attending festive events and displays – keep 1.5m from other households, ensure you register your contact information, follow the directions of event organisers.
- Setting up a festive display in your home/garden – encourage people to practise physical distancing when visiting; discourage physical interaction (for example touching) to limit cleaning requirements; provide hand sanitiser; if offering snacks or treats, ensure they are individually wrapped.
- If there is an outbreak of COVID-19 in Queensland, further restrictions may be put in place that limits gatherings or events and activities. You can find the current requirements in the [Public Health Directions](#).

Current as of November 2020



### Further information

You can find COVID-19 health advice on the [Queensland Government website](#), including the current status in Queensland and how to protect yourself and others.

If you are seeking clarification on a [Public Health Direction](#) or have any questions, please call 134 COVID (134 268).

Visit [Unite against COVID-19](#) for information about the Queensland Government response, including current requirements for social distancing, border closures and business restrictions.



**Queensland  
Government**

## Who to call and when...

If the situation is serious and urgent call our local Police on **4060 4004** or **000**.

Community members can remain anonymous when reporting illicit activity by calling the 'sly grog' hotline on **1800 500 815**.

To report other crime anonymously call Crime Stoppers on **1800 333 000**.

For non-urgent incidents, crimes or police inquiries call Police Link on **131 444**.



**BACKPACKS \$50**

**Wide variety of  
T-SHIRT DESIGNS  
AVAILABLE NOW**

**Come and see what we have in  
stock at the PPAC OFFICE**

**admin@ppac.org.au or  
Phone 4060 4211**

Feedback forms are available from PPAC, completed forms can be handed into the CEO or emailed to [admin@ppac.org.au](mailto:admin@ppac.org.au)

**ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING,  
CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY**

PPAC News Week is edited by Christine Howes for Pormpuraaw Aboriginal Corporation ©2020